

FFS		MARCH 2020			LK PORTIONS	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
<b>MARCH 2</b> CHICKEN SLIDER ON A BUN, 1 EA FANCY SHRED CHEDDAR CHEESE, 1/2 OZ W/ NO HFC KETCHUP STEAMED GREEN BEANS, 1/4 C MIXED PEACHES & PEARS IN JUICE, 3/8 C	<b>MARCH 3</b> CHICKEN TENDERS, GLUTEN FREE, 3 EA W/ NO HFC KETCHUP BRN WHL GRAIN RICE, 1/4 C BABY CARROTS W/RANCH DIP, 1/4 C FRESH APPLE SLICES, 3/8 EA <b>TODS AND TWOS</b> CARROT COINS / APPLESAUCE	<b>MARCH 4</b> SALISBURY STEAK W/ GRAVY, 1 EA SAVORY MASHED POTATOES, 1/4 C WHEAT DINNER ROLL, 1 EA PINEAPPLE TIDBITS IN JUICE, 3/8 C <b>TODS AND TWOS</b> DICED PEACHES IN JUICE	<b>MARCH 5</b> WHL GRAIN SPAGHETTI W/ BEEF & TURKEY MEAT MARINARA, 1/2 C PARMESAN CHEESE, 1/2 OZ TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C FRESH BANANA, 1/2 EA <b>TODS AND TWOS</b> SWEET TENDER PEAS	<b>MARCH 6</b> NAE BREADED CHICKEN BREAST CHUNKS, 3 EA NO HFC KETCHUP WHEAT DINNER ROLL, 1 EA PEAS/CARROT/GREEN BEANS/CORN/LIMA BEANS, 1/4 C ORANGE WEDGES, 2 PCS <b>TODS AND TWOS</b> PEAS/CARROT/GREEN BEANS MANDARIN ORANGES		
<b>MARCH 9</b> OVEN BAKED CHICKEN BREAST PATTY SANDWICH, 1 EA WHEAT HAMBURGER ROLL W/ NO HFC KETCHUP, 1 EA SWEET TENDER PEAS, 1/4 C ALL NATURAL APPLESAUCE, 3/8 C	<b>MARCH 10</b> CREAMY MACARONI & CHEESE , 1/2 C 100% WHOLE GRAIN BREAD, 1/2 EA BABY CARROTS, BROCCOLI W/CREAMY RANCH DIP, 1/4 C FRESH BANANA, 1/2 EA <b>TODS AND TWOS</b> PEAS/CARROT/GREEN BEANS	<b>MARCH 11</b> MEXICAN BEEF NACHO FIESTA, 1/4 C W/ SHRED CHEDDAR CHEESE, 1/2 OZ CORN TORTILLA CHIPS, 1/4 C SWEET YELLOW CORN, 1/4 C DICED PEARS IN JUICE, 3/8 C <b>TODS AND TWOS</b> ROLL / CARROT COINS	<b>MARCH 12</b> ITALIAN BEEF MEATBALL SUB, 3 EA SUB ROLL, 1/2 EA SHRED MOZZARELLA CHEESE, 1/2 OZ GREEN BEANS, 1/4 C FRESH APPLE, 3/8 C <b>TODS AND TWOS</b> CHILLED APPLE SAUCE	<b>MARCH 13</b> BREAKFAST LUNCH ! DANIMALS VANILLA YOGURT, 1 EA WG BUTTERMILK PANCAKES W/ NO HFC SYRUP, 1 EA CHICKEN SAUSAGE PATTY, 1 EA BABY CARROTS W/RANCH DIP, 1/4 C ORANGE WEDGES, 2 PCS <b>TODS AND TWOS</b> MANDARIN ORANGES CARROT COINS		
<b>MARCH 16</b> ROASTED TERIYAKI CHICKEN STRIPS, 3 EA BRN WHL GRAIN RICE, 1/4 C BABY CARROTS W/RANCH DIP, 1/4 C MIXED PEACHES & PEARS IN JUICE, 3/8 C <b>TODS AND TWOS</b> CARROT COINS	<b>MARCH 17</b> LEAN BEEF HAMBURGER PATTY, 1 EA WHEAT HAMBURGER ROLL, 1 EA W/ NO HFC KETCHUP SWEET YELLOW CORN, 1/4 C FRESH BANANA, 1/2 EA	<b>MARCH 18</b> TURKEY CORN DOG NUGGETS, 4 EA W/ NO HFC KETCHUP TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C ORANGE WEDGES, 2 PCS <b>TODS AND TWOS</b> MANDARIN ORANGES SWEET TENDER PEAS	<b>MARCH 19</b> CHICKEN FAJITAS, NAE, 1/3 C LO-FAT SHREDDED CHEDDAR , 1/2 OZ WHOLE WHEAT 6" TORTILLA, 1 EA GREEN BEANS, 1/4 C FRESH APPLE, 3/8 C <b>TODS AND TWOS</b> CHILLED APPLE SAUCE	<b>MARCH 20</b> **BAKED ZITI** MEATLESS CONTAINS SOY ITALIAN RED SAUCE W/ THREE CHEESES, 1/2 C PEAS/CARROTS/GREEN BEAN/ CORN/LIMA BEANS, 1/4 C ITALIAN BREAD, 1 PCS DICED PEACHES IN JUICE, 3/8 C		
<b>MARCH 23</b> BEEF MEATBALLS & GRAVY, 3 EA WHOLE GRAIN RICE, 1/4 C BABY CARROTS W/RANCH DIP, 1/4 C ALL NATURAL APPLESAUCE <b>TODS AND TWOS</b> SWEET TENDER PEAS	<b>MARCH 24</b> PIZZA PASTA BAKE BEEF CRUMBLES, CHICKEN&BEEF PEPPERONI, TOMATO SAUCE, PASTA, 1/2 C SHRED MOZZARELLA CHEESE, 1/2 OZ TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C FRESH BANANA, 1/2 EA <b>TODS AND TWOS</b> CARROT COINS	<b>MARCH 25</b> NAE WHOLE GRAIN CHICKEN NUGGETS W/ NO HFC KETCHUP, 4 EA CAESAR SALAD W/ ROMAINE DRESSING & PARMESAN, 1/4 C ORANGE WEDGES, 2 PCS <b>TODS AND TWOS</b> GREEN BEANS MANDARIN ORANGES	<b>MARCH 26</b> CHEESEBURGER MEATLOAF, 1 EA WHEAT DINNER ROLL, 1 EA SWEET YELLOW CORN, 1/4 C FRESH APPLE, 3/8 C <b>TODS AND TWOS</b> ALL NATURAL APPLESAUCE	<b>MARCH 27</b> GRILLED CHICKEN BREAST FILET, NAE, 1 EA WHEAT HAMBURGER ROLL, 1 EA NO HFC KETCHUP SWEET TENDER PEAS, 1/4 C MANDARIN ORANGES, 3/8 C		
<del> <b>MARCH 30</b>            CHICKEN SLIDER ON A BUN, 1 EA            FANCY SHRED CHEDDAR CHEESE,            1/2 OZ            W/ NO HFC KETCHUP            STEAMED GREEN BEANS, 1/4 C            MIXED PEACHES &amp; PEARS IN JUICE,            3/8 C         </del>	<del> <b>MARCH 31</b>            CHICKEN TENDERS, GLUTEN FREE,            3 EA            W/ NO HFC KETCHUP            BRN WHL GRAIN RICE, 1/4 C            BABY CARROTS W/RANCH DIP, 1/4 C            FRESH APPLE SLICES, 3/8 EA  <b>TODS AND TWOS</b>            CARROT COINS / APPLESAUCE         </del>					

Portions meet CACFP requirements for 3 to 5 year olds. All alternates discussed on an individual basis as needed.  
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons  
 6 oz milk required with each meal